

SID BINKS, PhD, ABPP-CN
Board Certified in Clinical Neuropsychology

Licensed to Practice Psychology in Maryland, District of Columbia & US Virgin Islands
Privileged to Practice at George Washington University Hospital, Clifton T. Perkins Hospital
& St. Elizabeth's Hospital

PERSONAL HISTORY:

Business Address: 3000 Connecticut Avenue, NW, Suite 238
Washington, DC 20008
(202) 255-5187 Phone
(877) 684-8823 Fax
Sidney.Binks@GMail.com
www.DrSidBinksAndAssociates.com

EDUCATIONAL HISTORY:

National Institutes of Health, Bethesda, Maryland, 20892	
- Post-Doc: Clinical Neuropsychology	1993-1995
George Washington University, Washington, DC 20052	1986-1992
-Major: Clinical Psychology, APA accredited	
- Degree: Ph.D.	Dec. 1992
- Degree: M.Phil.	Jan. 1990
-Honors: GWU Fellowship	1986-1988
University of Steubenville, Steubenville, Ohio 43952	1984-1985
-Major: Biology	
- Degree: B.A.	May 1985
-Honors: St. Francis Academic Scholarship	1984-1985
Canisius College, Buffalo, New York 14208	1981-1984
-Major: Biology	
-Honors: St. Loyola Scholarship	1981-1984
Tri-Beta, Honor Society (Biology)	1982-1984

PROFESSIONAL EXPERIENCE:

Neuropsychology Service: (DC Depart. of Mental Health, St. Elizabeth's Hospital) 4/1998-Present
1100 Alabama Ave., SE, Washington, DC 20032 Full-time (Half-time since 2003)

Neuropsychologist/Forensic Psychologist/Faculty Member

Conduct all neuropsychological services (assessment and consultation) throughout the 400-bed hospital. Supervise neuropsychology student externs/interns/residents. Conduct inpatient/outpatient, court-ordered, pre-trial evaluations for Competency to Stand Trial and Criminal Responsibility, and, post-trial Risk Assessments and Aid in Sentencing. Act as expert witness in court proceedings when required. Administer psychiatric services to patients who have been found not competent to stand trial, not criminally responsible, or, are transfers from the Department of Corrections. Services to these patients include conducting psychological assessments, risk assessments, group psychotherapy and individual psychotherapy.

Continue research on traumatic brain injury in sports, development of neuropsychological norms for a forensic psychiatric population, and, neuropsychological assessment of schizophrenia in the areas of attention, working memory and differential versus global cognitive impairment.

Teach in the Psychiatry Residency Training Program as an appointed faculty member.

Private Practice Providing Assessment and Psychotherapy Services

3000 Connecticut Avenue, Suite 238, Washington, DC 20008

6/1995 - Present

Full-time

Forensic Neuropsychologist/Consultant/Clinical Psychologist

Provide expert Neuropsychological, Forensic, Psychological and Learning Disabilities Assessments to adults, adolescents and children for both IME's and treatment. Conduct evaluations in local hospitals and prisons. Provide expert consultation to attorneys. Provide psychotherapy to adults. 1999-2022 directed a consultation service (testing & individual/group psychotherapy) with 4 doctoral student trainees for the Salvation Army's 100 bed Harbor Light Center Rehabilitation Program for addiction.

Clifton T. Perkins Hospital Center: (Maryland Forensic Psychiatric Hospital)

8450 Dorsey Run Road, PO Box 1000, Jessup Maryland 20794

1999 - Present

Part-time

4/1995 - April 1998

Full-Time

Neuropsychologist/Forensic Psychologist

Presently provide expert neuropsychological assessment services to forensic psychiatric inpatients on a 2 days/mo. basis. Between 1995 and 1998, conducted all neuropsychological services (assessment and consultation) throughout the 220 bed hospital. Conducted outpatient, court-ordered, pre-trial evaluations for Competency to Stand Trial and Criminal Responsibility, as well as, evaluations for commitment. Supervised student neuropsychology externs. Acted as expert witness in court proceedings when required. Administered psychiatric services on the admissions unit to patients who had been found not competent to stand trial, not criminally responsible, or, are transfers from the Department of Corrections. Service to these consumers included conducting admission psychological screenings, treatment planning, group psychotherapy and individual psychotherapy.

Conducted research on the development of a new factor based neuropsychological assessment system, and, conducted research on the neuropsychological assessment of schizophrenia in the areas of attention, working memory and differential versus global cognitive impairment.

Howard University - Psychology Department

525 Bryant Street, NW, Washington, DC 20059

8/2004 - Present

Adjunct Professor

Supervise Ph.D. Candidate students in their clinical training in neuropsychological assessment.

The George Washington University

2121 I Street, NW Washington, DC 20052

1/2013 – Present

Assistant Clinical Professor of Psychology

Supervise Ph.D. Candidate students in their clinical training including psychotherapy, psychological assessment and neuropsychological assessment.

Harbor Light Substance Rehabilitation Center

2100 New York Avenue, NE, Washington, DC 20002

10/2008 – 5/2009

8/20/21 – 3/2022

Acting Clinical Director

Provided clinical direction to a facility with 100 inpatient beds, 30 transitional housing beds and 40 outpatients. Supervised 2 clinical psychologists, 6 substance abuse counselors, 6 psychology Ph.D. candidates and 5-9 monitors. Provided 24 hour on-call service. Provided daily leadership and management as well as periodic staff training.

Gallaudet University - Psychology Department
800 Florida Avenue, NE, Washington, DC 20002

Several Semesters Between 5/1993 – 8/1998
Part-time

Assistant Professor

Taught intellectual and personality assessment to first year clinical psychology Ph.D. students, using the following assessment tools: Clinical Interview; WAIS-R; WISC-III; WJ-R; Rorschach (Exner); MMPI-2; Thematic Apperception Test; Human Figure Drawings; House/Tree/Person; and Sentence Completion. Taught students to administer, score and interpret tests, as well as to integrate the tests into the body of a complete psychological evaluation.

National Institutes of Health - Neuropsychiatric Research Hospital
St. Elizabeth's Campus SE, Washington, DC 20032

5/1992 – 10/1995

Clinical Neuropsychology Postdoctoral Fellow

10/1993 – 10/1995; Full-time

Completed a two year postdoctoral fellowship in which primary responsibilities included providing clinical services to a wide variety of psychiatric and neurologic inpatients and outpatients. Services included neuropsychological and personality assessment for purposes of aiding differential diagnosis of varied psychiatric disorders, as well as, providing same assessments to neurologic patients to help determine appropriate treatment options. Psychiatric patients were generally admitted for stays of between one and two years which allowed for extensive evaluations. Neurologic patients had varied diagnoses, some of which included: epilepsy, sub-cortical and cortical dementias, TBI, stroke and Tourette's Syndrome. Attended weekly grand rounds, case conferences, diagnostic rounds and supervision. One day per week was spent evaluating pre and post surgery child and adult temporal lobe epilepsy patients in the Epilepsy Branch of NIH.

The research training focus of the fellowship involved gaining expertise in the use of neuropsychological assessment techniques in the study of psychiatric disorders. This included clinical applications of standard techniques in different patient populations, the use of contrast (neurologic) patient populations in assessing the regionality of dysfunction in schizophrenia, and more specialized, experimental approaches to issues of medication effects in patients with schizophrenia. Specific areas of interest included attention, working memory, language and long-term memory. Attended epilepsy rounds, neuropsychology reading group, neuropsychology research planning meetings and hospital wide research planning meetings. Papers can be found below.

Consultant

5/1992 – 9/1993

Collaborated on several research projects in neuropsychology - research areas included working memory, the phonologic loop, attentional capacity, visuospatial ability and affective expression. Patient groups included individuals with Tourette's Syndrome, Bipolar Disorder, closed head injuries, Borderline Personality Disorder and Schizophrenia. Responsibilities included administration, scoring, and interpretation of varied test batteries encompassing a very broad range of both traditional and experimental neuropsychological and personality measures, and attending research planning meetings, seminars and grand rounds.

Supervisors: James Gold, Ph.D., Daniel Weinberger, M.D., and Terry Goldberg, Ph.D.

Ruth Spodak and Associates
6155 Executive Blvd., Rockville, Maryland 20852

9/1993 – 5/1995
Part-time

Child Neuropsychological Assessor

Evaluated the neuropsychological functioning of a wide variety of children in need of special education for the purpose of treatment planning. Population was predominantly learning disabled and between the ages of 5 and 21.

Center for Mental Health

4250 Connecticut Avenue NW, Washington, DC 20008

9/1988 – 7/1995

Part-time

Staff Therapist/Intern/Psychologist-in-Training

Completed 240 hours of therapy as an extern; invited to join staff of 90 psychologists and social workers in August 1989; incorporated work as part of internship requirement; continued post internship. Responsibilities included engaging clients aged 19-60 in long-term psychotherapy; assessment of same; participated in group supervision and received 2 hours individual supervision weekly; made formal case presentations to staff; participated in staff development seminars; attended group process meetings and weekly staff meetings; and, for the last two years, served on the committee for "peer review" where records were examined for quality assurance and preparation for accreditation review.

Life Experiences Training Program

8719 Colesville Road, Silver Spring, MD 20910

9/1991 – 9/1993

Part-time

Consultant

Interpreted psychological test reports (done by outside psychologists) for staff which retrained physically and emotionally disabled adults for new vocations; determined and administered appropriate personality and neuropsychological measures to two or three clients per week; wrote reports; made recommendations regarding vocational and therapeutic needs given emotional and psychomotor limitations.

Spring Grove Hospital Center

Tuerk Building, Catonsville, MD 21228

9/1990 – 8/1991

Full-time

Psychology Intern

APA accredited internship in clinical psychology, included; 32 hours per week on an in-patient, psychiatric, admissions ward of a Maryland state hospital and 12 hours per week at an out-patient facility focused on long-term individual treatment (DCIMH - see above). The admissions ward experience involved working with most psychiatric diagnoses; patients were adults, and stayed on the ward for both short and long stays (up to one year). Responsibilities included conducting individual, group and family psychotherapy; interviewing for initial psychological assessments; administration and interpretation of full, and partial, psychological test batteries, including Reitan and Lurian neuropsychological assessment procedures. Training included a weekly, 90 minute, neuropsychology theory/testing seminar; separate supervision for neuropsychological assessment, group psychotherapy, individual psychotherapy, and assessment; weekly case conferences, grand rounds and group process and monthly, half-day, hospital-wide psychology lectures. In addition, the internship entailed planning and running a mini-mester experience for undergraduate psychology students and interviewing prospective psychology interns.

George Washington University - Psychology Department

George Washington Circle, NW, Washington, DC 20052

Lecturer

Taught undergraduate course entitled Theories of Personality

9/1989 – 12/1990; Part-time

Research Assistant

4/1988 – 8/1988; Part-time

Assisted in the data collection, scoring and interpretation for a dissertation on group process and attitude toward consultants.

U.S. Dept. of Labor/Potomac Job Corps

1 DC Village Lane SW, Washington, DC 20032

2/1988 – 8/1990

Half-time

Substance Abuse Consultant

Oversaw major, federally-funded, research program involving drug screening, behavioral contracting and education of vocational training students; adapted and directed Intervention Program including coordination of eight staff members; gave individual counseling to drug-addicted youth, assessed same; led two alcohol abuse groups.

CUA Counseling Center

Catholic University of America NE, Washington, DC 29422

9/1987 – 5/1988

Half-time

Psychologist-in-Training

Engaged clients ranging in age from 17-48 in short-term and long-term psychotherapy; assessed same; led newly-formed group for Adult Children of Alcoholics and for Children of Dysfunctional Families; participated in group supervision and received individual supervision from Director of Center; made formal presentations in Case Conferences; attended Staff-Development meetings.

Psychiatric Day Treatment Center

George Washington University NW, Washington, DC 20052

9/1986 – 1/1988

Half-time

Psychiatric Technician

Worked with two patient groups: high-functioning, adolescent, inner-city, substance abusers and low-functioning, schizophrenics; directed occupational and recreational therapy groups; assisted direction of art therapy groups; supervised all patients during "down-time"; did crisis intervention; attended daily staff meetings.

Vocational Rehabilitation Services

DVRS SE, Washington, DC 20032

9/1986 – 7/1987

Half-time

Psychological Assessor

Administered complete battery of intelligence and personality tests to inner-city adolescent and young adult minorities; read and interpreted results of all projective and objective measures; made recommendations to the Division of Vocational Rehabilitation Services regarding placement in work training or substance abuse programs.

University of Buffalo (SUNY) - Psychology Department

Buffalo, NY 22217

9/1985 – 5/1986

Half-time

Research Assistant

Assisted in the planning, organizing and running of experiments on self-esteem and ability to predict future behaviors; entered and analyzed all data.

Assisted in the literature review, data collection and interpretation for a dissertation on agoraphobia and sex differences.

PROFESSIONAL ASSOCIATIONS:**American Psychological Association**

-Full Member: 1992-Present; Student Associate: 1986-1992

1986 - Present

National Register for Health Service Providers in Psychology

-Full Member

1997 - Present

National Academy of Neuropsychology

-Full Member

1999 - Present

American Academy of Clinical Neuropsychology

-Full Member: 2011 – Present; Associate Member 2008 - 2010

2008 - Present

International Neuropsychological Society

-Full Member

1995 - 2011

PROFESSIONAL ACTIVITIES:**Springfield Hospital Center**

Sykesville, MD

2019

Presenter

CME/CEU Presentation: "The Neuropsychology of Schizophrenia and Traumatic Brain Injury in an Inpatient Setting."

Center for Diagnostic Excellence, St. Elizabeth's Hospital, DMH

Washington, DC

2007 - 2009

Chair

Created sub-committee of the medical staff in an effort to establish the "Center for Diagnostic Excellence."

Institutional Review Board, St. Elizabeth's Hospital, DMH

Washington, DC

1998 - 2005

Board Member

Appointed board member serving to foster quality research that is both helpful to, and safe for, consumers of mental health services in DC

Psychology Association, St. Elizabeth's Hospital, DMH

Washington, DC

1998 - 2002

Board Member

Elected board member serving with the mission of providing high quality training to DMH psychologists.

Violence Committee, St. Elizabeth's Hospital, DMH

Washington, DC

2000 - 2002

Co-Chair

Committee serving to decrease violence among consumers of mental health services and increase the safety for both consumers and staff.

Washington Society for Psychoanalytic Psychology

1997 - 2001

Washington, DC

Treasurer

Elected board member serving as treasurer for four years with the mission of providing high quality training to metropolitan area psychologists.

International Neuropsychology Society - Conference

2/1996

Chicago, IL

Paper and Poster Presenter

Attended conference regarding advances in the field of neuropsychology where I presented one paper and two posters on neuropsychological advances in the understanding of schizophrenia.

Program For Creative Self-Development

9/1994

Washington, DC

Seminar Chairperson

Led a seminar on the integration of sexual identity, sex-role identity and sexual orientation identity with the whole of the self identity.

Group Relations Conferences

Jan. 1988, 1992, 1993

George Washington University, Washington, DC

Consultant

Consulted to both a small group and the inter-group event (IE); received training in consultation to both small and large groups.

D.C. Institute of Mental Health

5/1990

Washington DC

Staff Therapist

Presented a paper entitled "An Object Relations Perspective on Male Homosexuality; A Psychoanalytic Re-interpretation" to the staff; led discussion on same.

PAPERS/POSTERS PRESENTED:

Khanchandani, L., Bonilla, X., Binks, S.W., & Fedio, A. 2013. Neurosyphilis - A Case Study of the Nexus of Severe and Persisting Mental Illness, Addiction, Homelessness, and Ignorance. Poster. International Neuropsychological Society, Amsterdam, The Netherlands. July 2013.

Smith, M.J. & Binks, S.W. 2008. Cognitive Changes During Puberty in Inner-City Adolescent Males. Poster. American Psychiatric Association, Washington, DC. May, 2008.

Smith, M.J. & Binks, S.W. 2008. High Frequency of Undiagnosed Cognitive Disorders in Inner-City Children and Adolescents Hospitalized for Disruptive Behavior. Paper. American Psychiatric Association, Washington, DC. May, 2008.

Smith, M.J. & Binks, S.W. 2005. Externalizing behavior disorders in males clearly change from beginning to end of adolescence - Attention-deficit/hyperactivity disorder (ADHD) decreases, whereas conduct disorder (CD) and substance abuse increase post-pubertally compared to pre-pubertally. Poster. Biological Psychiatry. Atlanta, GA. May,

2005.

Smith, M.J., Gaudino, M.P., Binks, S.W. & Mathews, D.T. 2003. Distinguishing Bipolar Affective Disorder and ADHD in Aggressive Adolescents. Poster. American Psychiatric Association.

Binks, S.W. 1996. Differential Cognitive Deficits in Schizophrenia. Paper. International Neuropsychological Society. Chicago, IL. February, 1996.

DISSERTATION'S DIRECTED/REVIEWED:

Ainger, Tim 2014. Gallaudet University. A dissertation that explored executive functioning in schizophrenia utilizing the Delis-Kaplan Executive Function System.

Sheng, Xi. 2010. The George Washington University. A dissertation that explored neuropsychological variables in patients with schizophrenia, addiction or both.

Golden, Barbara. 1999. Loyola University. A dissertation that explored WAIS-III normative data and intra-cognitive discrepancy analysis for forensic schizophrenia patients, as well as, a comparison of community based outpatients with schizophrenia to forensic inpatients on the WAIS-III factors.

PAPERS PUBLISHED:

Stiller, J., Yu, S., Brenner, L., Langenberg, P., Scrofani, P., Pannella, P., Hsu, E., Roberts, D., Monsell, R., Binks, S.W., Guzman, A., Postolache, T. 2014. Sparring and Neurological Function in Professional Boxers. *Frontiers in Public Health*, 2, 1-6.

Gold, J., Rehkemper, G., Binks, S.W., Carpenter, C., Fleming, K., Goldberg, T. & Weinberger, D. 2000. Learning and Forgetting in Schizophrenia. *Journal of Abnormal Psychology*, 109, 534-538.

Binks, S.W. & Gold, J. 1998. Differential Cognitive Deficits in the Neuropsychology of Schizophrenia. *The Clinical Neuropsychologist*, 12, 8-20.

Fleming, K., Goldberg, T.E., Binks, S.W., Randolph, C., Gold, J.M., Weinberger, D.R. 1997. Visuospatial Working Memory in Patients with Schizophrenia. *Biological Psychiatry*, 41, 43-49.

RESEARCH:

St. Elizabeth's Hospital

1100 Alabama Ave., SE, Washington, DC 20032

4/1998 - Present

Half-time

Continuing research on the neuropsychology of schizophrenia - exploring the similarities/differences between consumers who commit violent crimes and are found Not Criminally Responsible (NCR), and, those who have not committed violent crimes and are not being treated in a forensic facility. Developing a neuropsychological database on NCR psychiatric patient groups for the purposes of exploring violence and dangerousness in these groups. Developing appropriate neuropsychological norms for forensic psychiatric inpatients for the purpose of improving diagnostic and treatment abilities. Exploring risk factors for dementia pugilistica. Exploring measurement of effort and malingering in schizophrenia.

Clifton T. Perkins Hospital Center: (Maryland Forensic Psychiatric Facility)
8450 Dorsey Run Road, PO Box 1000, Jessup Maryland 20794

10/1995-4/1998

Full-time

Performed clinical validity studies of the new Dean-Woodcock Neuropsychological Assessment System on patients with schizophrenia, and, on other psychiatric patient groups as well. Continued research on the neuropsychology of schizophrenia - explored the similarities/differences between patients who commit violent crimes and are found Not Criminally Responsible (NCR), and, those who have not committed violent crimes and were not being treated in a forensic facility. Developed a neuropsychological database on NCR psychiatric patient groups for the purposes of exploring violence and dangerousness in these groups.

National Institutes of Health - Neuroscience Center

St. Elizabeths Campus SE, Washington, DC 20032

5/1992-10/1995

Full-time

Engaged in many research projects under the mentorship of James Gold, PhD. Most involved the study of frontal and temporal lobe functions (language, memory and executive domains) in schizophrenia and epilepsy. However, other projects were more general in nature - exploring the totality of neuropsychological functioning in these patient groups (e.g., on/off Haldol, pre-post surgery). Finally, validity research on traditional and non-neuropsychological measures explored the use of the Woodcock-Johnson Tests of Cognitive Ability as a serious neuropsychological assessment tool.